



FIRST AID AT WORK PLACE

Every 10 employees at workplace must have one trained and appointed First provider with

A duty to manage

Work-related Medical Emergencies

Proper training can help managers, supervisors and employees understand their role in avoiding, reducing and controlling the health risks and managing them as they arise.

Course objectives

This Three - day course is designed for employers, employees, managers or anyone in the workplace. The course is also relevant to anyone wishing to understand the legal and management issues surrounding General First Aid management in the workplace.

A combination of skills training and practical learning methods is used in the course. Informal lecturing, group discussion and group work provide with simulated skill stations give opportunities to learn and share ideas with other trainees and our exposed experienced trainers.

Our training aids include manikins, video clips, handouts and charts amongst many others.

Course content

The course Programme is detailed overleaf:

Who should attend?

The course is ideal for every employee, including:

- Directors
- Managers
- Supervisors
- Team leaders
- Occupational health professionals
- Human resources professionals
- Safety professionals/representatives

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